

Applying the DAFO Toe Rise Pad (with optional toe abduction strap)

CASCADE
daFO

Here's how to precisely position the toe rise pad on your DAFO for best comfort and support. The toe pad may include a toe abduction strap.

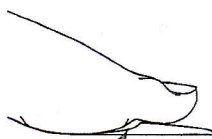
1



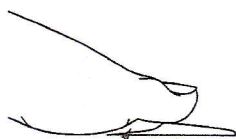
With the patient's socked foot in the DAFO and straps secured, lift the toes slightly and slide the toe rise pad into place without removing the protective paper.

2

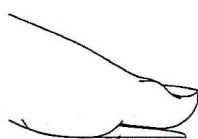
Position the toe rise pad so that a small gap exists between the metatarsal heads and the pad. A gap too large or none at all causes discomfort. When positioning, consider the weight-bearing size and expected growth of the foot.



Correct:
Small Gap (1/8 in.)

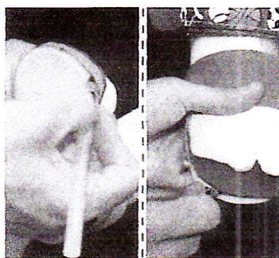


Incorrect:
Large Gap



Incorrect:
No Gap

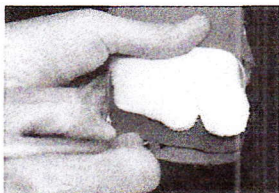
3



Marking for Toe Rise Pad Placement

- **If the toe rise pad is longer than the DAFO:**
Trace the front edge of the brace along the underside of the pad to make a trimming reference line.
- **If the DAFO is longer than the toe rise pad:**
Draw a line on the plastic using the distal end of the pad as your guide.

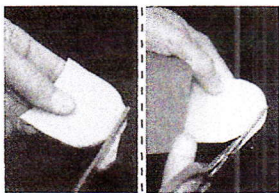
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Marking for Final Trim Line

Mark the top of the toe rise pad along the toe shelf for final trimming. A thumb's width is often a good measure of anticipated growth for children.

5



Trimming for Toe Rise Pad Placement

Remove the toe rise pad and foot from the brace and trim to the marked line (on either the plastic or the pad).

Turn Over →