

## Plantarflexion Stop DAFO 3

KEY CONCEPT: ANKLE PLANTARFLEXION IS STOPPED; DORSIFLEXION IS FREE



Combines DAFO 4 trimlines with a solid posterior upright. Gives excellent hindfoot and forefoot control. Stops plantarflexion, but allows FREE dorsiflexion, which encourages ankle mobility and better weight shift from foot-flat to toe-off in gait cycle.

### USE WITH PATIENTS WHO:

1. Have strong fixing patterns and
2. Have excessive plantarflexion; very little voluntary control of the ankle, consistent toe walking
3. Have strong hyperextension of the knee and
4. Development is more or less established, with gait patterns developed



**Hindfoot:** excellent, wraparound control  
**Forefoot:** excellent, wraparound control, hindfoot stable  
**Ankle:** STOP plantarflexion, FREE dorsiflexion

This 3 model is shown with instep and forefoot straps, standard padding and toe rise.