

Health

Local dentist finding solutions to gum disease, preventing tooth loss

WAYNE – Gum disease is much more prevalent than most people think. Many people are in some stage of gum disease without even realizing they have it, and unfortunately gum disease leads to not only losing teeth but puts them at much higher risk for life threatening disease.

"Depending on the stage of someone's gum disease the solution might be as simple as changing how they brush or floss," says Dr. Bruce Fine of Fine Dental

Care in Wayne. "If the gum disease has gotten to more advanced stages there are modern painless treatments designed to stop gum disease from progressing, which give people their health and confidence back as well as stopping their teeth from falling out."

Bad breath, bleeding gums and swollen red gums means there is gum disease present. Some people might think their condition is a normal sign of aging that they can't do anything about. "But that

just isn't so," says Fine, "The sooner someone with gum disease gets to a dental professional the sooner they can turn things around."

Here's a quick overview of how people get gum disease. Everyone's mouth has bacteria. The bacteria forms plaque on teeth. Brushing and flossing help get rid of plaque, but any plaque left behind hardens to form tartar (which brushing won't clean). Only a professional teeth cleaning performed by a dental profession-

al can remove tartar. If left unchecked, over time plaque and tartar cause infection of the gums, which is gingivitis. When gingivitis isn't treated, it begins to destroy the bone that holds the teeth in place, this is periodontitis, and the gums begin to pull away from the teeth and form spaces that become infected. When untreated at this stage, the bones, gums and tissue supporting teeth deteriorate, loosening the teeth, and eventually causing them to fall out.

In this modern age of advances in dentistry people should realize the new standard of care is, in many cases, reversing disease. "We can save people's teeth through teaching them a proper home care routine, and for more advanced stages of gum disease we have treatments based in modern technology," says Fine.

For more information call 973-633-5440 or visit www.finedental-care.com.

Artesi named vice president of American Academy Of Orthotics, Prosthetics

WAYNE – Brooke Artesi, CPO, LPO and founder of Sunshine Prosthetics and Orthotics (SPO) in Wayne has been named vice president of the New Jersey Chapter of the American Academy of

Orthotics and Prosthetics. The American Academy of Orthotics and Prosthetics is dedicated to promoting professionalism and advancing the standards of patient care through education, literature,

research, advocacy, and collaboration.

Artesi will work with the AAOP chapter president in coordinating chapter activities, special projects and symposiums.

She has been in the field of orthotics and prosthetics for more than 11 years. She is licensed by the New Jersey Board of Orthotics and Prosthetics and certified in prosthetics and orthotics by the American Board for Certification in Prosthetics and Orthotics (ABC)

and has a specialty in pediatric orthotics. Artesi opened SPO in Wayne to provide customized care and services for patients with prosthetic and orthotic needs.

"O&P News 175" named Artesi one of the innovators in the field of orthotics & prosthetics. The O&P News 175 recognizes the



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movers and shakers impacting the industry through innovation. They are defined by a relentless pursuit of knowledge, achieving greater competency in their field, and a commitment to delivering compassionate care while improving patients' lives.

Sunshine Prosthetics and Orthotics is located at 1700 Route 23 North, Suite 180, in Wayne where they provide a full range of services for amputees and other physically challenged adults and children. Call 973-696-8100 to learn more about their custom services or visit www.sunshinepando.com.



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Master in the Academy of General Dentistry
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