

## Team Rises Above Obstacles and Disability at the Lincoln Park Triathlon

July 6, 2013 - Recently, Sunshine Prosthetics and Orthotics formed a team to participate at the June 30th annual Lincoln Park Triathlon in New Jersey. Combined into groups who would relay in swimming, biking and running events, the team included members who are amputees, with varying degrees of disability.

"We formed the team to show the local community that disability is a challenge that you have to overcome like any other challenge. You can still compete," says Brooke Artesi, owner of Sunshine P and O, who formed the team. Artesi recently won 1st place in Speed Rock Climbing and 2nd place in Speed Kayaking at the 8th Annual Extremity Games, organized by the Athletes with Disabilities Network.

An amputee since the age of 15, Brooke Artesi, CPO, LPO, is committed to living an active lifestyle and serving as a role model for her patients. Licensed and certified in prosthetics and orthotics, her new facility provides customized fitting of assistive devices.

One member of the team, Jack Wallace, competed in the swimming event. The youngest member of the team, he is also an amputee, and competed in the swim

event. He then relayed immediately to the biking section of the event, on a recumbent bike. He says he will use his regular bike next time as the recumbent slowed him down too much. His father also competed in the event, and completed the run for his group, and crossed the finish line. Patient, Andy Bell, also competed in the biking and run portions of the event. Friends and family also joined the team to support their team members.

The Lincoln Park Triathlon was just one of many physical activity events which Artesi encourages participation in by her patients, who are adults and children with motor limitations, many of which are amputees. Artesi's events provide an encouraging, motivational and inspiring atmosphere for her patients while educating

the community about their capabilities. This group event will be one of the first of many that the new patient facility located in Wayne, NJ will participate in.

Sunshine Prosthetics and Orthotics is located in Wayne, NJ at 1700 Route 23 North, Suite 180. The office is equipped to provide measurements and fittings of high quality and technology prosthetics and orthotics. For more information, call (973) 696-8100 or visit their website for more information at [www.sunshine-pando.com](http://www.sunshine-pando.com).



Andy Bell crosses the finish line at the Lincoln Park Triathlon.