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10 Important Reasons to Call Your Prosthetist

Your prosthesis should be both functional and comfortable. It has been custom fitted to your unique limb shape and size at the time it is measured. Remember, however, our bodies change over time and as you change, we may have to make adjustments to your prosthesis.

We are trained to make these adjustments - please **DO NOT** try to make your own. **Call us immediately if:**

1. You start to hear a clicking noise or any other abnormal sound anywhere in the prosthesis as you walk, call your prosthetist.
2. The limb has skin redness or irritation that remains after 15 minutes.
3. Blisters, rashes, discolorations, welts or any other skin conditions develop, discontinue use of prosthesis and call your prosthetist.
4. Pain is being caused by your prosthesis – try to note down when and where you experience pain in your limb caused by your prosthesis. This will help locate the cause and facilitate making adjustments.
5. Prosthesis remains uncomfortable after you have adjusted the sock plies.
6. You see any cracks develop in the socket.
7. Your liner is slipping off your limb.
8. The prosthesis feels slower or heavier than usual.
9. You have fallen and your prosthesis is damaged or out of alignment.
10. You have changed your shoe's heel height - It can affect your gait, possibly leading to a fall, and adjustment may be necessary.

Let's work together to make sure you have the best prosthesis possible for you.