



## **BOC Certified Mastectomy Fitter Scope of Practice**

### **I. Definitions**

#### **A. Practice of Mastectomy Fitting**

*BOC Mastectomy Fitter* A BOC CMF is an individual trained and qualified to measure, fit, dispense and adjust external breast prostheses, bras, and related supplies. Mastectomy fitting is the practice, pursuant to a physician's order, of addressing medical conditions of the upper extremities and post-mastectomy surgical outcomes. Drawing on knowledge of upper extremity musculoskeletal and lymphatic composition, the Mastectomy Fitter may measure, fit and adjust external breast prostheses, bras and related supplies appropriate to the conditions presented. Follow-up appointments are required to evaluate the fit and function, make adjustments to the devices as necessary and promote patient compliance with the goal of achieving desired outcomes.

#### **B. Certified Mastectomy Fitter**

A Certified Mastectomy Fitter is a professional whose competence in fitting external breast prostheses, bras and related supplies is evaluated and verified by the Board of Certification/Accreditation, International.

#### **C. Mastectomy Devices**

"Mastectomy Devices/Modalities" include external breast prostheses, bras, gradient compression garments and related supplies. A Mastectomy Fitter fits devices designed to provide for the support, alignment, prevention, and/or correction of musculoskeletal post-surgical or deformity.

### **II. General Requirements for a Certified Mastectomy Fitter**

To become certified as a Mastectomy Fitter, a candidate must meet initial educational requirements and pass a comprehensive written Multiple Choice exam (MCE) given by the Board of Certification/Accreditation, International (BOC), which is accredited by the National Commission for Certifying Agencies. Once certified, a Mastectomy Fitter must meet continuing education and annual renewal requirements to maintain BOC certification. The BOC-certified Mastectomy Fitter must also adhere to a code of ethics designed to ensure a comprehensive scope of professional competence and deportment. A certified Mastectomy Fitter's activities must reflect his/her certification(s) and education.

### **III. Roles of a Mastectomy Fitter**

#### **A. Patient Assessment**

Ascertain physician/clinician's diagnosis, gather information, examine patient, and evaluate. Determine patient's realistic expectations and consult with clinician as appropriate. A clinician is defined as any healthcare provider who has the legal and/or licensed authority in the state to order or prescribe medical care.

#### **B. Implementation**

Select appropriate device(s), measure and apply prostheses and related devices to patient. Modify, adjust and conduct trial fittings. Facilitate patient's understanding and conduct appropriate follow-up. Mastectomy Fitters are authorized to treat primary diagnoses as provided by the physician/clinician.

#### **C. Practice Management**

Comply with universal precaution procedures and occupational safety and health rules. Document all

patient matters and communicate with other professionals.

**D. Professional Development and Responsibility**

Adhere to legal and ethical Scope, participate in continuing education, fulfill civic responsibilities, participate in research as appropriate, and educate the public and health professionals on available post-mastectomy products/services. Refer to allied healthcare practitioners when patient/customer presents with medical conditions that may require other devices/modalities that are outside of this scope of practice.